

# Critical Incident Response (CIR)

## Supporting You and Your Team Through Crisis

A Critical Incident Response (CIR) supports civilian employees and DAF teams during deeply challenging times. When a traumatic event affects someone—such as the loss of a co-worker—it can impact the entire workplace. CIR helps employees navigate these difficult moments, providing the support and strength necessary to heal and recover.

Your Employee Assistance Program (EAP) is here to help you and your team maintain focus, build resilience, and move forward. Immediate assistance is available 24/7 to ensure mission readiness in the face of adversity.

### Examples of Critical Incidents Include:

- Unexpected death of a team member
- Workplace or operational injury
- Organizational restructuring or downsizing
- Natural disasters or industrial accidents
- Public health emergencies
- Acts of violence such as terrorism or workplace violence
- Emergencies that strain local or base resources

### How EAP Can Help

- On-site response teams to support immediate crisis management.
- Counseling services for employees and their families to process emotional reactions.
- Resource connection for navigating challenges like stress management, recovery planning, and emotional support.

### Get Started

If you or your team faces a crisis, contact the Employee Assistance Program (EAP) for immediate assistance at **866-580-9078**. **EAP is here to help 24/7.**

